



skin care regimen organizer

Our organic skin care products are designed for specific skin types and conditions but because our line is so broad several alternative products could be right for you. The following chart organizes our products by skin type and condition with those for oily skin to the left and dry skin to the right. We hope it helps you decide which of the ilike organic skin care cosmetics are right for you and which you would like to try next!

EYE CARE, LIP CARE, SPECIALTIES

EYE CARE				LIP CARE		SPECIALTIES	
Fenugreek Gel for Wrinkles	Age Defense Bioflavonoid Eye Cream	Hyaluronic Time Erase C.™ Eye Cream	PhytoLift™ Eye Contour Cream	St. John's Wort Eye Contour Cream	Lemon Citrus, Cool Mint and Spicy Cinnamon Lip Balm	AHA Night Cream	Herbal Clay Spot Treatment
Normal to Dry, Premature, Wrinkles, Puffy, Tired Eyes and Neckline	Normal to Dry, Premature, Mature Skin with Wrinkles or Dark Circles	Premature, Dehydrated, Thin Skin, Wrinkled Lines	Loose, Premature/Mature, Wrinkled Skin Types	Rich Anti-Wrinkle Cream for Mature Skin Types	Hydrating and Anti-Aging balms for All Lips	Premature, Mature, Dehydrated, Dry Skin, Wrinkles	Acne, Seborrhea, Inflamed Follicles
Increases Elasticity, Hydrates, Tightens	Antioxidant Booster, Tightens	Anti-aging for Premature Skin, Plumping	Collagen Booster, Firms, Tightens, Lifts	Increases Elasticity, Hydrates	Spicy Cinnamon Version Has Stimulating Effect!	Hydrating, Anti-Aging, Vitalizing, Rejuvenating	Drying, Healing, Anti-Inflammatory and Concealing Effects
Directions: Apply a thin layer of cream onto clean skin around the eye. Use twice daily, in the morning and the evening.				Directions: Apply a thin layer onto your lips after eating, drinking or as needed.		Directions: Apply a thicker layer on spots for the night. Wash off in the morning with rubbing movements. Can also use Herbal Clay Spot Treatment as a concealer during the day.	

CLEANSING MILKS

FOR OILY SKIN		FOR DRY SKIN	
Lemon Cleansing Milk	Sour Cherry Cleansing Milk	Rose Petal Cleansing Milk	Grape Stem Cell S.™ Cleansing Milk
Normal to Oily Skin Types	Combination/Normal to Dehydrated Skin Types	Normal to Dry, Premature, Mature, Sensitive Skin Types	Aging, Mature, Dehydrated to Dry, Tired, Loose or Wrinkled Skin Types
Directions: Apply a small amount of cleansing milk suited to your skin type over entire face and neck area and massage it in gently for 30-60 seconds moving your fingertips in circular motions, then wipe off with damp face towel or cotton pad.			

EXFOLIATING WASHES

FOR OILY SKIN		FOR DRY SKIN	
Mineral Exfoliating Wash	Refreshing Mint Exfoliating Wash	Nettle Exfoliating Wash	
Oily, Problematic, Acne Prone Skin Types, Inflamed Follicles, Sensitivity, Face & Body	All Skin Types, Tired, Pale, Sensitive Skin, Face and Body	Normal to Dehydrated, Dry Skin Types, Face and Body	
Directions: Mix a small amount of exfoliating wash with water in hands. Apply and massage into skin with fingertips for 1 to 3 minutes in a circular motion covering the entire face and neck and avoiding the eye area. Remove completely with damp face towel. Use 2 times a day. Use also on the back, décolleté and body.			

EXFOLIATORS

FOR OILY SKIN		FOR DRY SKIN		
Spinach and Horsetail Exfoliator	Rosehip Exfoliator	Sulphuric Exfoliator	Grape Stem Cell Solutions™ Polishing Scrub	Rolling Face & Body Exfoliator
Normal to Oily or Dehydrated, Pale Skin Types (Gentle Scrub)	Normal to Oily and Sensitive, Acne Prone and Rosacea Skin	Dehydrated Premature, Mature Skin with Fine Lines or Sensitive, Inflamed Skin	Premature, Mature, Dehydrated, Tired, Loose, Wrinkled Skin Types	Non-Sensitive, Dehydrated to Dry, Mature Skin Types (Slight Stimulating Effect)
Directions: Apply a thin layer of exfoliator to your skin after cleansing and leave on for 10-15 minutes for optimal results. Gently scrub off with a damp face towel or rub off with your fingertips. Use 1-2 times a week.				

PEELS

FOR OILY SKIN		FOR DRY SKIN	
AHA Fruit Peel	Botanical AHA Peel	Yogurt Power Peel	
All Skin Types, Especially Oily, Inflamed and Sensitive/Rosacea Skin	All Skin Types	All Skin Types, except Hypersensitive and Acne Prone	
Directions: Apply a thin layer to clean skin and leave on for 3-5 minutes. Can be left on up to 20-30 minutes on thickened skin such as elbows and heels. Remove with damp towel and spray on toner to balance the pH level of the skin. Use 1-2 times a month unless otherwise directed.			

MASKS AND SPECIAL TREATMENTS

FOR OILY SKIN												FOR DRY SKIN						
Ichthammol & Herbs Mask	Seven Herb Mask	Apple & Lemon Gel Mask	Rosehip Gel Mask	Sour Cherry Gel Mask	Fibrous Stonecrop Gel Mask	Nettle & Algae Treatment	Hungarian Paprika Gel Treatment	Hyaluronic Time Erase Complex™ Gel Mask	Tomato ACE Booster Mask	PhytoLift™ Gel Mask	Rose Petal Gel Mask	Quince Apple Gel Mask	Grape Stem Cell Solutions™ Gel Mask	Carotene Essentials™ Mask	Apricot Mask	Carotene Essentials™ Rich Mask	Pumpkin & Orange Mask	PhytoLift™ Neck & Décolleté Cream
Oily, Seborrhea, Acne, Prone to Inflammation, Rosacea Skin Types	Combination, Problematic, Sensitive Skin Types	Oily, Combination, Acne Prone, Non-sensitive Skin with Hyper-pigmentation	Oily, Seborrhea, Acne, Sensitive, Prone to Inflammation Skin Types	Large Pored, Normal/Combination, Loose, Pale Skin Types, Dark Circles	All Skin Types Especially Sunburnt or Biotchy Skin with Hyper-pigmentation	All Skin Types and Problems - Catalyst for Other Masks	All Skin Types and Problems - Catalyst for Other Masks	Premature, Dehydrated, Thin Skin, Wrinkle Lines	All Skin Types, Especially Dull, Tired, Pale, Dehydrated Skin	Menopausal, Perimenopausal Hormonal Imbalances	Dehydrated, Premature, Mature, Sensitive Skin Types	Normal to Dry, Premature Skin Types, Puffy Eyes	Normal to Dry, Aging, Mature, Tired, Loose or Wrinkled Skin	Dehydrated, Dehydrated, Dry Skin Types, Pre-Sun	Dehydrated, Dehydrated Skin Types	Water- and Oil Deficient, Mature, Sensitive Skin Types, Sunburn	Deep Layer and Surface Water- and Oil Deficient Skin Types	All Neck & Décolleté Skin
Healing, Calming, Controls Oiliness, Anti-Inflammatory	Soothing, Healing, Nourishing, Prevents Blemishes	Vitalizing, Skin Lightening, Firming, Tightens Pores	Vitamin Cocktail, Anti-inflammatory, Soothing	Vitalizing, Hydrating, Anti-Aging, Firming, Tightens Pores	Lightening, Regenerating, Hydrating, Calming	Vitalizing, Regenerating, Detoxifying, Firming with Phytoestrogens (Stimulating Effect!)	Detoxifying, Vitalizing, Rejuvenating (Stimulating Effect)	Anti-aging for Premature Skin, Plumping, Filling	Vitalizing, Soothing, Hydrating	Anti-Aging, Lifting, Hormone Balancing (Slightly Stimulating Effect)	Vitalizing, Hydrating, Regenerating, Increases Elasticity	Hydrating, Firming, Vitalizing, Nourishing	Anti-Aging, Rejuvenating, Regenerating, Provides Natural UV Protection	Antioxidant and Vitamin Supplement, Hydrating	Nourishing, Hydrating, Vitalizing	Calming, Nourishing, Rejuvenating	Nourishing, Lifting, Vitalizing (Slightly Stimulating Effect)	Collagen Booster, Firms, Tightens, Lifts, Hydrates
Directions: Apply to cleansed skin and leave on for 15-20 minutes. Remove with a wet face towel. Follow with moisturizer possibly supplemented with a serum or herbal oil concentrate. Use masks 1-2 times a week. Exfoliation increases the effect of masks.																		

FACE & BODY CREAMS

FOR OILY SKIN	
Tomato Face & Body Moisturizer	Brightening Moisturizer for Face, Hands and Body
All Exposed Skin Areas	All Skin Types with Hyperpigmentation
Boosts Skin's UV Damage Fighting Ability, Antioxidant Booster	Lightening, Hydrating, Vitalizing
Directions: Apply a thin layer of moisturizer over entire treated area after cleansing and toning skin, or after serum application. Use it twice a day as a final step of your daily regimen.	

SERUMS AND OIL CONCENTRATES

FOR OILY SKIN												FOR DRY SKIN			
Sulphuric Balancing Serum	Mattifying Serum	Herb Infusion Serum	Rosehip Serum	Brightening Serum	Age Defense Bioflavonoid Serum	PhytoLift™ Serum	Hyaluronic Elixir	Skin Power	Hyaluronic Time Erase C.™ Serum	Grape Stem Cell Solutions™ Serum	Wrinkle Smoothing Serum	Q10 Serum	Yarrow Oil	Calendula Oil	
Acne, Oily, Problematic Skin	Combination to Oily, Sensitive, Inflamed Skin	Oily, Problematic Skin Prone to Acne and Inflammation	All Skin Types with Acne, Rosacea or Other Skin Sensitivity	All Skin Types with Hyperpigmentation	Stressed, Tired, Dehydrated, Premature Skin Types	Perimenopausal, Menopausal, Premature Skin Types	All Skin Types with Fine Lines and Wrinkles, Scaly Seborrhea	Hydrates, Plumps, Firming, Anti-Aging	Premature, Dehydrated, Thin Skin, Wrinkle Lines	Aging, Mature, Loose or Wrinkled Skin	All Skin Types with Wrinkles	Oil- and Water Deficient, Rosacea, Sensitive, Scaly, Chapped Skin Types	Sensitive, Inflamed, Rosacea, Mature, Water- and Oil Deficient Skin	Oil- and Water Deficient, Mature Skin Types	
Anti-inflammatory, Anti-acne, Soothing	Mattifying, Anti-inflammatory	Healing, Calming, Anti-inflammatory	Vitamin C Supplement, Soothing, Decreases Inflammation	Lightening, Firming, Vitalizing	Antioxidant and Vitamin Supplement, Improves Complexion	Hormone Balancing, Anti-Aging, Firming	Hydrating, Vitalizing, Anti-Aging	Anti-aging for Premature Skin, Plumping, Filling	Anti-aging for Premature Skin, Plumping, Filling	Anti-Aging, Rejuvenating, Provides Natural UV Protection	Regenerating, Tightening, Smoothing	Nourishing, Rejuvenating, Antioxidant Supplement	Soothing, Strengthening, Hydrating	Calming, Regenerating, Healing, Hydrating	
Directions: Apply a small amount of serum under the moisturizer as the last step of your skin care regimen. Use 2 times daily. Q10 Serum: Enrich moisturizers and creams with a few drops of oil. Can be massaged into cuticles. Can also be used under the eyes by gently massaging a drop into the fine lines. Oil Concentrates: Enrich moisturizers and creams with a few drops of oil or use as otherwise directed. For face and body.															

TONERS

FOR OILY SKIN		FOR DRY SKIN		
Rosehip Toner	Stonecrop Toner	Sour Cherry Toner	Rose Petal Toner	Grape Stem Cell Solutions™ Hydrating Mist
Oily, Problematic, Sensitive, Rosacea Skin Types	All Skin Types, Especially for Pigmented and Sensitive Skin	Skin Types Lacking Tone, Elasticity and Vitamins	Normal to Dry Skin Types	All Skin Types, Especially Mature, Tired, Loose or Wrinkled Skin
Directions: To hydrate: simply spray toner on the skin several times a day. To cleanse: apply toner over entire cleansed skin surface with a cotton pad and wipe the skin. Use twice a day after cleansing or mask or anytime your skin needs to be refreshed.				

MOISTURIZERS

FOR OILY SKIN												FOR DRY SKIN				
Sulphuric Whipped Moisturizer	Apple & Lemon Whipped Moisturizer	Rosehip Whipped Moisturizer	Sour Cherry Whipped Moisturizer	Stonecrop Whipped Moisturizer	Rose Petal Whipped Moisturizer	Apricot Whipped Moisturizer	Age Defense Bioflavonoid Moisturizer	Carotene Essentials™ Moisturizer	Softening Thermal Moisturizer	Hyaluronic Time Erase C.™ Moisturizer	PhytoLift™ Moisturizer	Grape Stem Cell Solutions™ Moisturizer	Carotene Essentials™ Rich Moisturizer	AHA Moisturizer with Fruit Medlar	Grape Stem Cell Solutions™ Rich Moisturizer	Linden & Marigold Rich Moisturizer
Oily, Acne, Seborrhea, Prone to Inflammation Skin Types	Oily, Combination, Acne Prone, Non-sensitive Skin with Hyperpigmentation	Acne/Seborrhea, Rosacea, Sensitive, Prone to Inflammation Skin Types	Combination to Dehydrated, Large Pore or Pale Pigmented, Sunburnt Skin	Dehydrated, Normal and Combination, Freckled, and Sensitive Skin Types	Dehydrated, Premature, Mature and Sensitive Skin Types	Normal to Dehydrated, Premature, Mature Skin Types	Stressed, Dehydrated, Tired, Dehydrated, Premature Skin Types	Dehydrated, Dehydrated Skin Types, Pre-Sun	Normal to Dry, Scaly, Dehydrated Skin Types, Eczema, Psoriasis	Premature, Dehydrated, Thin Skin, Wrinkle Lines	Water- and Oil Deficient, Premature, Mature, Menopausal Skin Types	Aging, Mature, Tired, Loose or Wrinkled Skin	Oil- and Water Deficient, Mature and Sensitive or Sunburnt Skin	Premature and Mature Skin Types with Wrinkles	Aging, Mature, Tired, Loose or Wrinkled Skin	Dry Mature, Sensitive, Thick Skin Types, Elbow, Knee, Feet
Healing, Balancing, Mattifying, Reduces Sebum Production	Vitalizing, Skin Lightening, Tightens Pores	Soothing, Hydrating, Vitalizing, Tightening	Vitalizing, Nourishing, Firming, Anti-aging	Soothing, Regenerating, Lightening, Hydrating	Nourishing, Firming, Mineralizing	Vitalizing, Hydrating, Antioxidant Supplement	Supplies Antioxidants and Vitamins, Hydrates, Improves Complexion	Antioxidant and Vitamin Supplement, Hydrating	Softening, Regenerating, Mineral Supplement, Contains Thermal Water	Anti-aging for Premature Skin, Plumping, Filling	Anti-Aging, Rejuvenating, Hormone Balancing	Anti-Aging, Rejuvenating, Regenerating, Provides Natural UV Protection	Vitalizing, Elasticizing, Regenerating, Soothing	Rejuvenating, Hydrating Anti-wrinkle (Contains Lactic Acid)	Deeply Hydrating, Anti-Aging, Rejuvenating, Regenerating, Provides Vitamin Protection	Nourishing, Firming, Regenerating
Directions: Apply a thin layer of moisturizer over entire face and neck area after cleansing and toning skin. Enrich moisturizers with one of our oil concentrates to achieve an even more radiant complexion. Use it as a final step of your daily regimen in the morning and the evening. Moisturizers and rich moisturizers might be used as night creams for most skin types. Rich moisturizers are suitable to reduce the appearance of fine lines (eg. around the eye area) or treat lack of elasticity and even prevent stretch marks (eg. during pregnancy).																

ILIKE FOR MEN PRODUCTS

FACE & BODY	
Black Exfoliating Wash	Stonecrop Daily Moisturizer
All Men's Skin from Oily to Dry, Stubble Rash, Prone to Inflammation, Sensitive Skin	
Directions: Wash: Mix a small amount with a few drops of water in your palm and massage onto skin. Leave on for 1-3 minutes. Rinse off with water or remove with a wet wet face towel. It may be used as a shaving product. Moisturizer: Apply a thin layer onto your skin as the last step of your daily skin care regimen twice a day.	

ULTRA SENSITIVE SYSTEM

FACE & BODY	
Ultra Sensitive System Cleansing Milk	Ultra Sensitive System Exfoliating Mask
Ultra Sensitive System Whipped Moisturizer	
Dermatologist Tested for the Most Sensitive Skin, Essential Oil Free, Anti-Inflammatory, Soothing	

BODY LOTIONS AND BODY OILS

Stonecrop Body Lotion	Hyaluronic Time Erase C.™ Body Lotion	Rose Petal Body Lotion	Carotene Essentials™ Body Lotion	Grape Stem Cell Solutions™ Body Lotion	Circulation Revitalizing Body Lotion	Firming Grapeseed Body Oil	Soothing Herbs Body Oil
All Skin Types, Especially Hyperpigmentation	Premature, Dehydrated, Thin Skin, Wrinkle Lines	Dehydrated, Dry and Sensitive Skin Types	Dehydrated, Dehydrated, Pre/Post-Sun	Aging, Mature, Tired, Loose or Wrinkled Skin	Only for Localized Cellulite Areas or Loose Skin	Normal to Dry or Dehydrated, Aging, Loose Skin	Sensitive, Irritated, Sunburnt Skin or After Waxing
Nourishing, Regenerating, Lightening	Anti-aging for Premature Skin, Plumping, Filling	Hydrating, Firming and Nourishing	Hydrating, Vitalizing, Nourishing	Anti-Aging, Rejuvenating, Regenerating, Provides Natural UV Protection	Circulation Boosting, Detoxifying, Firming (Stimulating Effect)	Hydrating, Softening, Firming, Rejuvenating, Antioxidant and Vitamin Booster	Hydrating, Cooling, Calming, Vitalizing, Decreases Inflammation
Directions: Body Lotions: Apply body lotion suited to your skin type to clean skin and massage it in. Body oils: Apply a thin layer of body oil on partial or entire area of the body for daily hydration or massage. Use body care twice daily or after every shower or bath.							